



## GLUTEN AND DAIRY FREE MENU

Main menu served from 12pm daily

### Starters

**Soup of the day** (vgo) GFO, DF ..... £7.95

Homemade soup of the day, served with our own freshly baked Italian bread

**Baked camembert** (v) GFO ..... £11.95

Individual baked camembert served with garlic, rosemary, onion chutney & our freshly baked bread

**Beef Bao buns** DF ..... £10.95

Tender pulled beef brisket boia buns, crisp spring onions, and fresh chilli.

**Dorset crab & prawn cocktail** DF, £12.95

Hand picked local crab and prawns in a classic Marie rose sauce, paprika, lemon and our freshly baked bread

### Lite bites (served until 5pm)

**Dorset mixed cheese**

**ploughmans** (v) GFO ..... £14.95

A Farmers lunch with local cheeses, pickles, olives, with our freshly baked bread & butter

With local ham & pork pie GF ..... £18.95

### Baked potato

served with a dressed salad and filled with either:

**Crab and prawn cocktail** DFO ..... £13.95

**Cheese and beans** (v) GF ..... £10.95

**Chilli con carne** GF DFO ..... £11.95

**Coronation chicken** GF ..... £11.95

### Sandwiches

Freshly baked white or brown bread served with a dressed salad and crisps

**Local farmer's sandwich** GFO ..... £11.95

Local cured ham, Dorset red smoked cheddar & onion chutney

**Bacon & brie** GFO ..... £11.95

Smoked back bacon, brie and cranberry

**Coronation chicken sandwich** GFO ..... £11.95

Chicken breast coated with homemade Quay coronation mix

**Dorset crab sandwich** DFO ..... £13.95

Mango, chilli & lime mayo

**Avocado** (ve) GFO DF ..... £12.95

Ripe avocado, tomato, red onion, houmous, chilli jam and mixed leaves

Upgrade to rustic chips for £2.45

### Side Orders

**Rustic chips** (v) GF DF ..... £5.95

**Layered rustic cheesy chips** (v GF) .. £6.95

**Dirty fries**, chilli beef, cheese sauce, jalapeños, fresh chilli and spring onions GF ..... £10.95

**Garlic bread** (v) ..... £5.95

**Cheesy garlic bread** (v) ..... £6.95

**Homemade coleslaw** (v) ..... £4.95

**Onion rings** (v) ..... £4.95

**Buttered mushrooms** (v) GF ..... £4.95

**Mixed dressed salad** (ve) GF DF ..... £5.95

### Mains

**Traditional chip shop fish & chips**

DFO ..... £18.95

With rustic chips, mushy peas, pickled egg, curry sauce & our tartar sauce

**Caesar salad** (v) ..... £12.95

Crisp gem lettuce tossed in a creamy Caesar dressing, topped with shaved parmesan,

hard-boiled egg and focaccia Croutons

Add Chicken & Bacon £5.95

**Woodland mushroom**

**& brie wellington** (v) ..... £18.95

With a tomato & basil sauce, crispy new potatoes & side salad

**Local ham, double egg**

**& chips** GF DF ..... £15.95

with homemade piccalilli on the side

**Handcrafted Quay burger** GFO, DFO ..... £19.95

2 x 4oz patties, in a brioche bun with bacon, American cheese, fresh salad leaves, beef tomato, pickled cucumber, our own burger sauce with homemade coleslaw & rustic chips

Add onion rings £3.95

**The Quay falafel burger** (ve) ..... £17.25

In a toasted brioche, houmous, lettuce, beef tomato & chilli jam

Add halloumi (V) £3.95

### Steak 28 day aged Aberdeen Black Angus

Cooked to your liking with buttered mushrooms, grilled tomato, beer battered onion rings and

rustic chips

**Rump steak** GFO, DF ..... £23.95

**Ribeye steak** GFO, DF ..... £33.95

**Sirloin steak** GFO, DF ..... £34.95

Add a sauce for only £3.95

• Garlic butter • Garlic chilli butter

• Peppercorn sauce • Chunky blue

cheese dip

### Children's menu

(for under 12's) ..... £9.95

Served with rustic chips, and a choice of

beans, peas or salad

**Local butchers sausages** DF

**Vegan sausage** (ve) DF

**Cheese & tomato pizza** (v)

**Homemade beef burger** GFO DFO

**Purbeck ice cream tubs** ..... £2.95

• Dig a Saurus vanilla ice cream

• Skull Diggery chocolate ice cream

• Strawberry ice cream

**Kids meal with ice cream tub** ..... £11.95

See choices above

### Heavenly desserts

**Homemade white chocolate cheesecake** GF, £8.95

Served with vanilla ice cream

**Trio of Purbeck ice cream & sorbets**

(vgo) GFO DFO ..... £8.95

• Honeycombe hash

• Banoffee ripple

• Serious chocolate

• Strawberry sorbet

• Serious white chocolate

• Raspberry ripple

• Vanilla

• Pineapple sorbet

• *Italian* BAKERY Dorset apple cake ice cream

**Extra cream** GF ..... £2.00

### Breakfast menu

Served from

8am to 11am Daily

**Vegan breakfast** (ve) GFO DF ..... £9.75

Veggie sausage, tomato, mushrooms,

baked beans and avocado.

Served with brown or white toast

Add veggie items ..... £1.75 each

**Bacon or sausage sandwich** DFO .. £6.75

Add extra item ..... £1.95 each

**Smashed avocado on toasted sourdough**

With vine tomatoes (vg) GFO DF ..... £8.95

Add 2 poached eggs £2.95 (v) GF DF

Add smoked salmon & poached eggs GFO DF £4.95

Add halloumi & poached eggs (v) GF £4.95

**Wareham spicy eggs** GFO ..... £11.95

Toasted sourdough, smashed avocado, streaky bacon, poached eggs & sriracha hollandaise sauce topped with fresh chilli & jalapenos

### FOR FOOD ALLERGIES AND INTOLERANCES:

Please speak to our staff about the ingredients when ordering your meal.

(v) vegetarian (ve) vegan

(vgo) vegan option available

GF Gluten free GFO Gluten free option

DF Dairy free DFO Dairy free option

Menu items are subject to availability, all weights are approximate (uncooked)

Wherever possible our fresh ingredients are sourced locally including all our "Steaks" which come from B Curtis high class butchers, Wareham

We do not serve fast food but quality fresh food cooked to order as quickly as possible

		CELERY	CEREALS CONTAINING GLUTEN	CRUSTA-CEANS	EGGS	FISH	LUPIN	MILK	MOLLUSCS	MUSTARD	NUTS	PEANUTS	SESAME SEEDS	SOYA	SULPHUR DIOXIDE	
																
<b>Starters</b>																
Soup of the day (vgo)		✓	✓					✓		✓						
Crab and lobster bisque		✓	✓	✓	✓	✓		✓		✓				✓		
Baked camembert (v)			✓		✓			✓		✓				✓		
Spicy buffalo chicken wings		✓	✓		✓			✓		✓				✓		
Korean sticky BBQ chicken wings		✓	✓		✓									✓		
Beef Bao buns		✓	✓		✓			✓		✓				✓		
Chicken Bao buns		✓	✓		✓			✓		✓						
Dorset crab & prawn cocktail		✓	✓	✓	✓										✓	
Tasting board for two to share		✓	✓		✓			✓		✓				✓		
<b>Lite bites</b>																
Chicken goujons		✓	✓		✓			✓		✓			✓	✓		
Dorset mixed cheese ploughmans (v)		✓	✓		✓			✓		✓				✓	✓	
With local ham & pork pie		✓	✓		✓			✓		✓				✓	✓	
<b>Baked potato</b>																
Crab and prawn cocktail		✓	✓	✓	✓	✓		✓						✓		
Cheese and beans (v)								✓								
Chilli con carne		✓			✓			✓		✓						
Coronation chicken					✓			✓							✓	
<b>Sandwiches</b>																
Local farmer's sandwich			✓	✓				✓		✓				✓	✓	
Bacon & brie			✓					✓							✓	
Coronation chicken sandwich		✓	✓		✓			✓		✓					✓	
Dorset crab sandwich			✓	✓	✓			✓								
Avocado (ve)			✓													
<b>Side Orders</b>																
Rustic chips (v)																
Layered rustic cheesy chips (v)								✓								
Dirty fries		✓			✓			✓		✓						
Garlic bread (v)			✓					✓					✓			
Cheesy garlic bread (v)			✓										✓			
Homemade coleslaw (ve)					✓			✓								
Onion rings (v)			✓							✓				✓		
Buttered mushrooms (v)								✓								
Mixed dressed salad (ve)										✓						
<b>Mains</b>																
Traditional chip shop fish & chips		✓	✓		✓	✓				✓						
Caesar salad (v)		✓	✓		✓			✓		✓			✓			
Caesar salad with Chicken & Bacon		✓	✓		✓			✓		✓			✓			
Woodland mushroom & brie wellington (v)		✓	✓		✓			✓								
Local ham, double egg & chips										✓					✓	
Steak and ale pie		✓	✓		✓			✓		✓				✓	✓	
10oz Pork ribeye steak with romesco sauce		✓			✓									✓		
Handcrafted Quay burger			✓		✓			✓		✓			✓		✓	
The Quay falafel burger (ve)			✓										✓			
<b>Steak</b>																
Rump steak / Ribeye steak / Sirloin steak																
<b>Children's menu</b>																
Local butchers sausages			✓													
Vegan sausage (ve)			✓											✓		
Cheese & tomato pizza (v)			✓					✓		✓				✓		
Homemade beef burger			✓		✓			✓		✓			✓			
Chicken breast goujons		✓	✓		✓			✓				✓	✓	✓		
Purbeck ice cream tubs								✓								
<b>Heavenly desserts</b>																
Dorset apple cake			✓		✓		✓									
Homemade sticky toffee pudding			✓		✓			✓								
Homemade white chocolate cheesecake (gf)							✓	✓						✓		
Homemade double chocolate brownie			✓		✓			✓								
Trio of Purbeck ice cream & sorbets (vgo)								✓								
Extra cream								✓								
<b>Breakfast</b>																
Full English breakfast			✓		✓			✓						✓	✓	
Vegan breakfast (ve)			✓											✓		
Bacon or sausage sandwich			✓					✓							✓	
American style breakfast pancakes			✓					✓								
Fresh berries & mascarpone			✓		✓			✓								
Streaky bacon & maple syrup			✓		✓			✓							✓	
Smashed avocado on toasted sourdough With vine tomatoes (vg)			✓													
Add 2 poached eggs (v)			✓		✓											
Add smoked salmon & poached eggs			✓		✓	✓										
Add halloumi & poached eggs (v)			✓		✓			✓								
Wareham spicy eggs			✓		✓			✓							✓	